

## SPA TIPS

### ZSPA hours

We are open from 8am to 8pm every day. Sometimes hours are extended. Please check at the spa reception.

### BOOKING

Teens must be accompanied by an adult when they book treatments. Parents or a guardian must complete and sign the spa's consultation form acknowledging their consent before services are rendered.

### SATISFACTION GUARANTEE POLICY

We pride ourselves on our premium treatments that nurture wellness on every level. If our staff do not meet your service expectations during your treatment we will offer an alternative service, or if preferred, we will issue a refund.

### NURTURE YOUR EXPERIENCE

A parent or guardian must be present for the entire duration of all ZSPA services. Teens having massages or wraps should wear a bathing suit for their treatment. Be sure to arrive in the spa 15 minutes prior to your scheduled treatment time. Leave personal belongings in your suite.

### CANCELLATION POLICY

Please give us 24 hours notice before canceling your appointments or your on board account may be charged with 50% of your treatment cost.

### CUSTOMER SERVICE

We aim to delight. Please let us know if there is anything else we can do to make your time in the spa more relaxing.

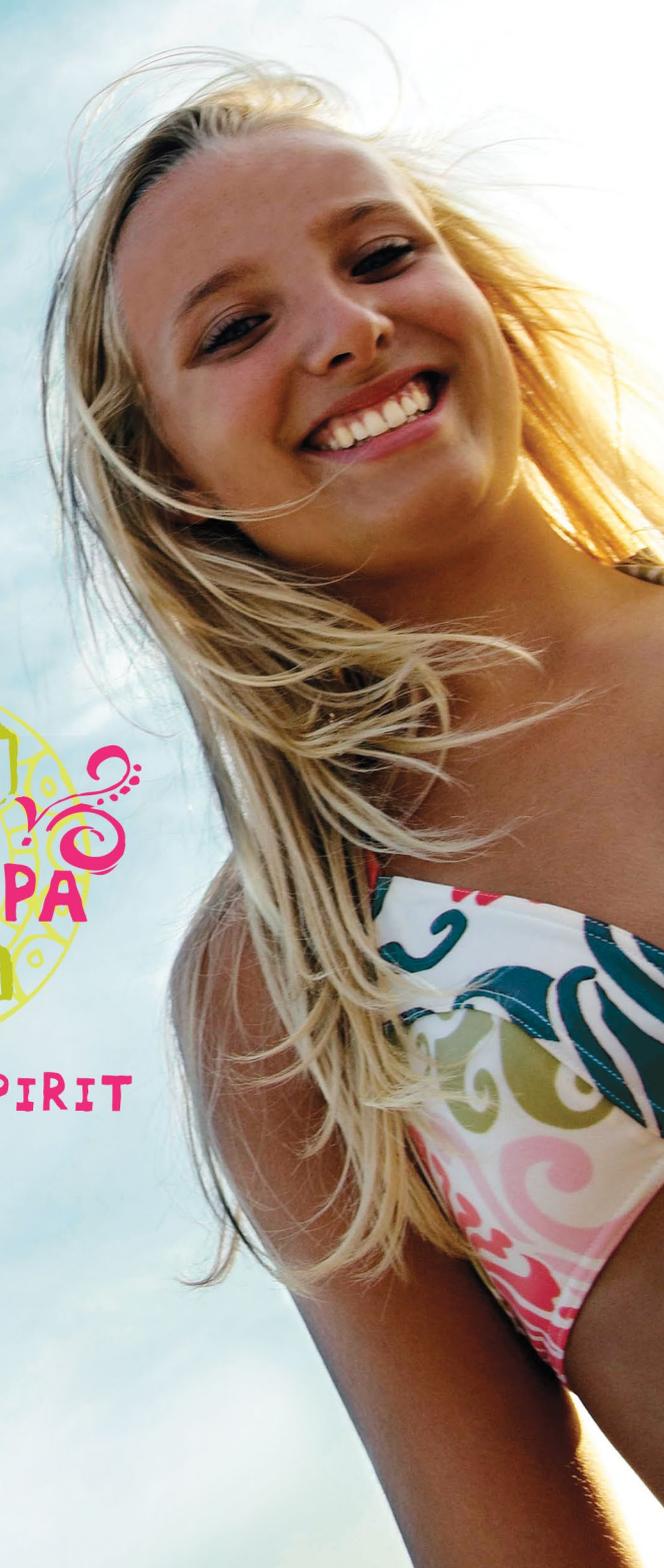
### PRODUCT RETURN POLICY

All guests are entitled to receive a full refund on any unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without a receipt can be exchanged for products or services. We regret, we cannot exchange or refund products that have been used or opened.

\*Occasionally, for reasons beyond our control, your treatment selection may not be available.



**4 UR TEEN SPIRIT**





# ZSPA For Teens Only!

Adults keep out! ZSPA is exclusively for Generation Z — those of you that are from the age of twelve to seventeen. All others strictly prohibited. At ZSPA, you can hang and have fun, take a breather, and just be yourself... that's our philosophy! From facials to massages and so much more, leave your worries at the door, step inside, and prepare to be pampered to perfection in your own teen paradise.

## SKINTASTIC FACIALS

Whether you are battling blemishes or simply looking for a refreshing way to keep your skin smooth and gorgeous, our facials can take on the most complex complexions!

### Fabulously Fruity Facial

This fruity facial uses a strawberry kiwi mask. Combined with the power of touch, this facial is deep cleansing, moisturizing and nourishing and is a tasty treat for your skin.  
50 minutes

### Acne Attack Facial

Kiss your pimple-popping days goodbye. If skin blemishes and spots are giving you a problem, we will help you blast them away with our revolutionary oxygen facial.  
50 minutes

## KNOT YOUR AVERAGE MASSAGE

Stress less with one of our spatacular, muscle-melting massages. You can go solo or enjoy one of our indulgent massages with mom or dad.

### Heavenly Massage

We know that teens get stressed out too. That's why we offer this heavenly back massage. Your massage therapist will use aromatherapy oils and Swedish massage techniques to banish all that stress.  
50 minutes

### Mother / Daughter Paradise Massage

Learn the art of indulgence with mom with this gorgeously relaxing treatment. Be pampered together as you enjoy a massage side by side.  
25 minutes  
50 minutes

### Father / Son chill out Massage

After shooting some hoops on deck, chill out together by enjoying an invigorating massage. With all that hard work you deserve it.  
25 minutes  
50 minutes

## BODYLICIOUS

Treat your body to some skin tinglin', relax-inducin', muscle-melting spa treatments. Get an invigorating scrub or get a teen-body tune up with any of these services.

### Surfers Scrub

Surrender to this invigorating and exotic exfoliating treatment for the body. Our invigorating mixture is loaded with lime and ginger – a wonderful refreshing treat after a day of catching the waves.  
25 minutes

### Fitness Frenzy

Enjoy three specialized boot camp classes this cruise and receive a personalized metabolism test to see how much you can indulge without unwanted bulge!

## HAND AND FEET TREATS

### Magical Manicure

This manicure will leave your hands looking fabulous during your cruise vacation. You can have it with or without polish.  
25 minutes

### Sole Mate

You will love this pedicure! Walk on air after you experience this delightful foot treatment and polish.  
45 minutes

## LET YOUR HAIR DOWN

Be completely carefree during your vacation with a cool new look, color change, or no fuss styling option to keep things simple. Put it up or leave it down. Keep your color or try another.

### Styling Session

If you are looking to change things up, try a funky cut and color after a personalized consultation with your stylist.  
For boys:  
Cut only 30 minutes  
For g's and b's:  
Cut & color 120 minutes  
For girls:  
Cut only 60 minutes

### Truth or Hair

Whether you prefer a trendy or traditional hairstyle, our salon pros know how important it is to sport your favorite look, so swing by the salon and let us work our magic.  
Style only 30 minutes

For Spa Tips & Hours see back cover!



Leave your Stress  
at the Door,  
Step Inside, and  
Get Ready to Get  
Spoiled

